

# Grateful Girl Scouts Friendsgiving

Invite-A-Friend Troop Growth Incentive

Girls in your troop invite non-member friends to come share the fun of Girl Scouting to potentially grow your troop. (Invitation included in this packet). If a troop hosts a Grateful Girl Scout Friendsgiving meeting, they can be entered into a prize drawing. And, for each girl who signs up as a Girl Scout, the troop will be entered into the prize drawing (multiple girls = multiple entries).

Therefore, host a meeting, sign up 2 girls, get 3 entries into the drawing. Or, host a meeting and no girls sign up, you get one entry into the drawing. The more girls who come and sign up, the more entries your troop gets!

Plan a Friendsgiving Meeting in the month of November!

The girls should be part of the planning process and the meeting should include fall decorations, simple recipes (no-bake treats), a gratitude activity and other fun games. In addition, a caregiver for the invited girl will need to attend. Give included Registration Form sheets to girls/caregivers at conclusion of event.

## Badge Tie-Ins:

Daisies/Brownies: Good Neighbor badge/Snacks badge

Juniors: Simple Meals badge

Cadettes/Seniors: New Cuisines/Locavore badges

## Follow Up:

To enter your troop for the Troop Growth Incentive drawing, fill out the online form using the QR code. Deadline to enter will be Dec. 5, 2025 and the drawing will be held on Dec. 10, 2025.



**Four troops will win \$50 troop credit at the council retail shop!**



# SAMPLE FRIENDSGIVING TROOP MEETING

## OPENING CIRCLE:

**Welcome & Gratitude Share - Gather in a friendship circle. (10 Minutes)**

Start with the Girl Scout Promise and a quick song like "Make New Friends." Go around the circle and each girl (and friend) shares one thing they're grateful for (e.g., "my troop leaders!"). For invite-a-friend fun, have girls introduce their guest with a "Girl Scout Shout-Out" (e.g., "This is Mia, and she's awesome at drawing!").

**Tip:** Print simple name tags with a trefoil and "New Friend or Girl Scout Sister?" Have the girls add their names when they arrive.

## ACTIVITY 1:

**Hands-on Cooking - Build Simple Thanksgiving Treats (30 Minutes)**

Divide into small groups to prepare a Friendsgiving menu. This builds skills and lets friends experience Girl Scout creativity.

**Pick your own menu or use these ideas:**

- **Fruit Friendship Kabobs:** Skewer grapes, strawberries and cheese cubes.  
(Activity: As they build, say one thing they're thankful for in a friend.)
- **Gratitude Dip:** Mix Greek yogurt, honey and cinnamon.  
Serve with fruit, crackers, pretzels, graham crackers.
- **Veggie "Friendship Tree":** Arrange fall veggies into a tree shape on a platter, symbolizing growing sisterhood.
- **Turkey Roll Ups:** Layer turkey slices, spinach, cheese and a sauce of your choice on tortillas.  
Roll up and slice into pinwheels. (Activity: Discuss meal balance (protein & veggies))
- **Pilgrim Hat Dessert:** Fudge stripe cookie, yellow or orange melted chocolate, a rolo and an M & M. Dip the rolo into melted chocolate, place on bottom side of cookie to adhere, place M & M to "rim" of hat for "buckle", then set in fridge to firm up prior to eating.

## ACTIVITY 2:

**Games & Gratitude Craft (20 minutes)**

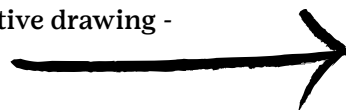
Keep energy high with quick, inclusive games that reinforce thankfulness. You can choose any that the girls want to do but here are a couple ideas:

- **Nature Scavenger Hunt:** Explore nature and find items symbolizing gratitude.
- **Grateful Balloon Volleyball:** Volleyball with balloons while sharing gratitude.
- **Nature Collage:** Create collages with glue and paper using natural materials found outdoors.
- **Gratitude Journal Craft:** Provide small notebooks, misc craft supplies like markers, washi tape, buttons, ribbon, etc and let girls decorate. Then, have them write items they are grateful for inside the journal. Encourage them to write in their journal every night.

## CLOSING:

**Feast & Reflection (20-30 minutes)**

- Enjoy the treats you made. Play soft music and light candles (battery-operated for safety). Reflect: What was one new thing learned about a friend? About Girl Scouts? Close with a recital of the Girl Scout Law and it's meaning.
- **Growth Opportunity:** Hand out troop information and registration info/QR code to friends' caregivers when they pick up their girl from the meeting.
- Follow up with thank-you notes from your girls to the friends who attended.
- Fill out the online form to be entered into the Troop Growth Incentive drawing - <https://form.jotform.com/252716648650059> or use QR code here





**You're invited to our  
FRIENDSGIVING  
Girl Scout Troop Meeting!**

Meeting Date: \_\_\_\_\_

Time: \_\_\_\_\_ Troop # \_\_\_\_\_

Location: \_\_\_\_\_

Troop Leaders Name:  
\_\_\_\_\_

For More Info Call: \_\_\_\_\_

Make and eat treats, play games, share thankfulness - all while discovering Girl Scout magic!  
A caregiver/parent is required to be in attendance at the meeting.

Your friend, \_\_\_\_\_



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**Hope you can  
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meeting!**

**girl scouts**   
of kansas heartland



To: \_\_\_\_\_

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To: \_\_\_\_\_

**Now that you've had fun at  
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loads of fun!**

**Your caregiver can sign  
you up by taking a picture  
of this QR code or by  
visiting  
kansasgirlscouts.org.  
My Troop Number is**

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**888-686-6468  
info@gskh.org**

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